



# Folsom Soccer Club

## Player Code of Conduct

- Competitive Program -

Players participating in the FSC are exercising a privilege afforded to them to become better soccer players. In order to do so, players must exhibit the mental maturity and dedication to team over self to be successful in this pursuit. The following conduct guideline and discipline rules will apply to all activities sponsored by the Folsom Soccer Club.

### Player Guidelines:

1. Train and play to the best of your abilities with a positive, never give up attitude.
2. Arrive on time and be prepared for all training sessions, practices and games.
3. Follow the instructions and directions of the coaching staff. Accept all coaching decisions during the game without question.
4. Treat ALL teammates and coaches with proper respect.
5. Refrain from using profane language, both on and off the field.
6. Win with humility and lose with grace.
7. Treat ALL opponents, officials, supporters and spectators with proper respect. Do not play in such a manner to purposely attempt to hurt or injure another player.
8. Always exhibit the most positive image possible, both on and off the field. Remember that you are not only representing yourself, but the Club, the City of Folsom and your team as well.

### Disciplinary Rules:

1. Substance use and/or possession of (alcohol, tobacco and/or drugs) are cause for immediate dismissal from the team/club for the remainder of the season. **Note:** It is your responsibility to prevent situations from occurring and avoiding situations that do occur. Do not allow anyone, including your roommates, to bring these substances into your room. You must take responsibility for your actions and remove yourself from situations that do occur.
2. Persistent irresponsible and disrespectful behavior is cause for removal from the next game and is subject to review by the Board of Director's Discipline Action Committee (DAC) for final disciplinary action.
3. Destruction of property or violation of state or federal laws is cause for removal from the next game and is subject to review by the Discipline Action Committee for final disciplinary action.
4. Whenever traveling, whether as an individual or group and whether by private vehicle, bus or plane, proper behavior and respect for others and their property is required. When travel involves lodging, respect for the property is expected and behavior in rooms, hallways, etc. must always be in a gentlemanly or ladylike manner. Loud noise, running or horseplay will not be tolerated.

**Remember:** These rules serve as guides. The best guide is for you to guide your actions with maturity, common sense and courtesy.