



Recreation Sideline Policy

U5-U8

- Coaches, team bench, and players sit in the neutral zone
- Parents sit on length of the field and behind the goals, as needed
- It is recommended a “bench manager” sits with the players to help substitute players in/out of the games due to the coach and assistant coach refereeing the games

U9-U19

- Home and Away teams (coaches and players) are to sit on the same side of the field
- All coaches must stay within their technical area during the game
- All (Home and Away) parents are to sit on the opposite side of the field from the team; on the same half as their team’s bench, and 10 feet back from the touchline for safety purposes
- For away games, it is recommended the away coach contacts the home coach to understand home’s rules and to share any differences with coaches, players, and parents

General conduct

- There is to be no coaching from the parents. It is the coach’s responsibility to keep parents under control



Competitive Sideline Policy

NorCal

- For comp teams registered in NorCal, coaches and players on one side and parents on the opposite side. Home team selects side.

Cal North (CCSL)

- For comp teams registered in Cal North (CCSL), home coaches, players, and parents on one side and visiting coaches, players, and parents on the opposite side. Home team selects side.

General conduct

- All coaches will have 15 feet from the halfway line to coach. They cannot go past 15 feet.
- All players and parents are to sit 10 feet back from the touchline for safety purposes.
- For away games, it is recommended the away coach contacts the home coach to understand home's rules and to share any differences with coaches, players, and parents
- There is to be no coaching from the parents. It is the coach's responsibility to keep parents under control