

FLSL U13/U14 Modified Laws of the Game

Modifications to the FIFA Laws of the Game

**To be used in conjunction with the Mini CPL Rules & Policies Document
& the FIFA Laws of the Game Manual (unless there has been a modification made)*

Law 1 – The Field of Play:

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

- Length: minimum 100 yards maximum 130 yards
- Width: minimum 50 yards maximum 100 yards

Field Markings: Distinctive lines not more than five (5) inches wide.

- The field of play is divided into two (2) halves by a halfway line. The center mark is indicated at the midpoint of the halfway line.
- A circle with a radius of 10 yards is marked around the halfway line.
- The Goal Area: 6 x 20 yards
- The Penalty Area: 18 x 44 yards
- Flag posts: Conform to FIFA
- Corner Arc: Conform to FIFA
- Technical Area: should be 1 yard from the touchline, 10 yards in length, and located 3 yards from the center of the field (for both teams) - dashed lines are ok.

Goals: Goals must be placed on the center of each goal line. Maximum Goal Size: 8' x 24'

- Safety: Goals must be anchored securely to the ground.

Team Seating: Teams (Home & Away) are to sit on the same side of the field, and parents and spectators are to sit on the opposite side of the field, mirroring their team.

Home Team coach is responsible for correcting any issues with the field (ex.goal anchors).

Law 2 – The Ball: size five (5).

Law 3 – The Number of Players: 11v11–(1 Goalkeeper & 10 Field Players); Minimum of 7 players.

Substitutions: are allowed by either team at any natural stoppage of play and unlimited with the permission of the referee. Referees can deny a substitution if they deem it excessive, or of a time wasting nature. Coaches must be respectful of the integrity of the game and not use the free substitution rules as a means of disrupting the game.

When subbing a player, have the player stand 2 yards off the field at the halfway line, with a bib or pinny, and wait for the referee to recognize the substitution. The player is to wait until they are given permission to enter the field.

Playing time: Every effort shall be made for each player to play a minimum of 50% of the game.

Law 4 – The Players Equipment: Conform to FIFA.

Law 5 – The Referee: Conform to FIFA.

Law 6 – The Assistant Referees: Conform to FIFA.

Law 7 – The Duration of the Match: 2 – 35 minute halves with 15 minute half-time.

Law 8 – The Start and Restart of Play: Conform to FIFA.

Law 9 – The Ball In and Out of Play: Conform to FIFA.

Law 10 – The Method of Scoring: Conform to FIFA.

Law 11 – Offside: Conform to FIFA.

Law 12 – Fouls and Misconduct: Conform to FIFA.

Law 13 – Free Kicks: Conform to FIFA; exception to Header Rule below.

*U12 and below players are not allowed to head the ball per Cal North Guidelines (per 8.2019 CalNorth decision)

- All players age eleven (11) years old and younger, who are playing up in U13 and older games, are prohibited from heading, and must clearly be identifiable to the match official. (i.e. armband)
- When a player, who is eleven (11) years old and younger, deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If a deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred. If a player does not deliberately head the ball, then play should continue.

Law 14 – The Penalty Kick: Conform to FIFA.

Law 15 – Throw-In: Conform to FIFA.

Law 16 – The Goal Kick: Conform to FIFA.

Law 17 – The Corner Kick: Conform to FIFA.